

Assignment 2: Space

Explore the sense of *Space* in the pictures. In the first picture, think not only of the pathway of the woman and dog's journey but also the spatial occupation of the woman and how she relates to the dog and her spatial pathways. Play with combining these two ideas of space in your creative work.

In the second picture, think of the kinesphere – that is, the space around the body whose periphery can be easily reach by extended limbs from one static point – or the size of the woman's physical presence, and how that could change, and whether the kinesphere size is related to the presence of the cat.

From your pre-course reading, remember that space has the mental factor of *attention* and is related to *thinking* via Jung. How do the mental elements impact on the physical space? So what are the women paying attention to, whether it be thoughts, or something else in the space around them, or to the expectation of falling under the influence of the pulling dog? Really examine the focus points of the pictures.

Space: The effort element 'direct' consists of a straight line in direction and of a movement sensation of threadlike extent in space, or a feel of narrowness.

The effort element of 'flexible' consists of a wavy line in direction and of movement sensation of pliant extent in space, or a feel of everywhereeness.

Ref: Laban, R. Ullmann (ed.) *The Mastery of Movement*. 1980. 4th edition, p. 73.

Reading Materials

Hodgson, J. *Mastering Movement: the life and work of Rudolf Laban*. 2001. Methuen, pages 72-78. (For further reading on Carl Jung in relation to Laban's work. Also available as an ebook from Routledge, 2016)

<http://movescapecenter.com/human-effort-consciousness/>

<http://movescapecenter.com/psychological-dimensions-of-effort-2/>

https://en.wikipedia.org/wiki/Jungian_cognitive_functions

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